



KIDS' TURN
Parent-Child Workshop

Orientation for Parents



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Amity-Consulting
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The Kids' Turn Mission:

To reduce the negative factors for children caused by parental separation or divorce.



A Non-Profit Organization

- Providing programs to help children whose parents separate and divorce.
- Designed as a skill based educational forum for both children and parents.
- Some kids have called it "Divorce School"



Kids' Turn History



- Started in 1988 by Judge Ina Gyemant and a few family law attorneys and mental health professionals.
- Kids Turn was started because children often have less resources and support to help them deal with their parents divorce and separation.
- **The Goal:** To help parents focus on their children's need during separation or divorce and to provide a safe place for kids to learn ways to get through the family changes with fewer difficulties.



Parent-Child Workshop Structure

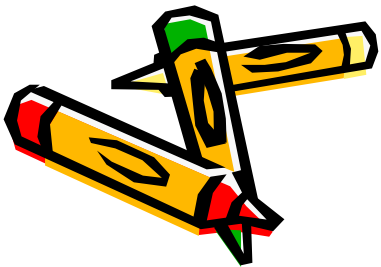
- 6 sessions, one session a week, 90 minutes long.
- Parents from the same family will be assigned to separate groups.
- Children will be assigned to groups based on their age.
- Everyone attending the workshop will meet together to watch a video (in most locations).



Video



- 15 minutes long
- May or may not reflect your family situation.
- Just take note of the similarities and differences.
- Help your children understand the message.



General Information



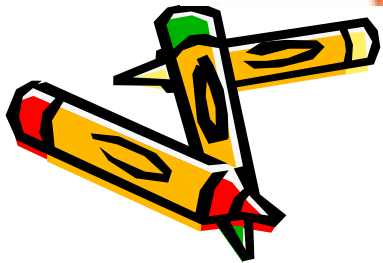
- Parents and children may feel uncomfortable at first but it gets better!
- It is important for the workshops to be **Safe** and **Neutral**!
- Please avoid any discussion that could be seen as conflict.
- The curriculum builds on skills learned from each week so full attendance is very important.



Do's and Don'ts



Divorce feels like



- **Do** arrive on time. (or 10 minutes early)
- **Do** come to all 6 sessions (only allowed 1 absence)
- **Do** give yourself permission to learn new skills and make connections
- **Don't** discuss emotional issues or argue with other parent.
- **Don't** use cell phones please.



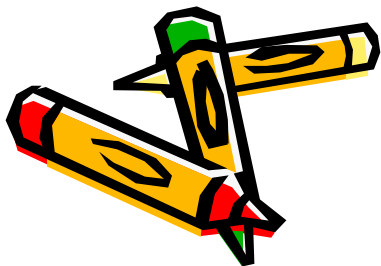
The Importance of Confidentiality



- Emotional Safety = private, neutral place to talk.
- Parents will not receive specific info about what their children are saying in the groups.
- Kids Turn encourages family members to talk with each other about what they are learning.
- Feel free to alert us of your concerns for your child.
- The Coordinator visits all groups and must break confidentiality if they hear about:
 - Child abuse or neglect
 - Threats of dangerousness to self or others



Have Fun!



- If you have questions or comments call Kids' Turn at 415-437-0700 or visit us at www.KidsTurn.org
- Have a productive, meaningful workshop!

